



January 2013

NOVA.
EMPLOYMENT
PH: 1300 ABILITY

**WANT
EMPLOYEES
WITH
DISABILITY**

NOVA OFFICES

NSW

- Bankstown
- Blacktown
- Bourke
- Broken Hill
- Camden
- Campbelltown
- Canterbury
- Caringbah
- Cobar
- Forster
- Hurstville
- Ingleburn
- Katoomba
- Penrith
- Port Macquarie
- Richmond
- Rockdale
- Rouse Hill
- Springwood
- St Marys
- Taree
- Windsor

QLD

- Beaudesert
- Beenleigh
- Logan

Acting CEO Comment

Bronwyn Woods

Think about the past month, how many times were you asked the following question: "What are you doing at the moment?"

We are often judged by our response; are we a productively engaged contributing member to the society in which we live?

Last year NOVA Employment supported over 1000 people to enter the workforce, for many of them it was their first time.

That is, each day people got to stop saying "I am not working at the moment" and say:

- "I just started a Traineeship"
- "I am planning an overseas trip"
- "Saving for my first car"
- "I am working now, let's go out on the weekend and catch up!"

Work requires that your job gives you enough money to pay the bills; it gives you a sense of satisfaction, a good group of co-workers and a social network.



I received a letter this week:

"I am writing you this letter as I would like you to know what NOVA has done for me and how much it has helped me because without NOVA I don't know where I would be. I never had the courage and support to do it on my own. My employment consultant has given me the confidence and courage to go for my dream and now I have a traineeship. I have even moved out of home!"

That's why the work our staff accomplishes each and every day is so important.

“Creating Lasting Change”

Martha Siede

How to Create Lasting Change

Today on Lets Get Working I would like to talk to you about creating lasting change.

I have recently become a fan of Anthony Robbins and in his book ‘Awaken the Giant Within’ he talks about how to create lasting change.

There are three steps to creating lasting change. They are:



Click on the picture to watch the video presentation

Step 1 - Raise Your Standards

By changing what you demand of yourself and writing down what you no longer accept or tolerate in your life. Write down all the things you want to become. For example: “I no longer accept myself being lazy and sleeping all day. I am going to apply for 1-2 jobs or send my resume to 1-2 cold called businesses. I want to be an employed person not a pension recipient.

Step 2 - Change Your Limiting Beliefs

Your mind will fight you every step of the way. What is possible and what is impossible, what we can do and what we can't do. You have to believe you can do it. You have to believe you can do it before you actually do it.

Step 3 - Change Your Strategy

You need to find a way to accomplish your goal (change) and to do this you may have to change the way you do things. If the way you are doing something is not getting you the results you want, then you need to find a way. Talk to friends and family and see if they can help you.

Find a role-model who is already working and ask them how they got their job.

Until next time, enjoy the journey!

“Transition to Work 2013”

Meg Elliot

Welcome to TTW 2013.

We are in for a busy year with 138 trainees getting ready for the world of work. 2012 saw 31 trainees graduate with either a Certificate 1 or Statement of Attainment in Work Education. This year we have 72 2nd years. That's 72 trainees who by December should have completed all the work they need to, towards their Cert 1 and transition into Open Employment.

This will be my 3rd year coordinating the Transition to Work program and I still find the role rewarding, challenging and exciting.

We are pleased to be opening a new outlet in Engadine giving those in Southern Sydney yet another outlet.

Transition to Work is a work focused, experiential learning program. Transition will be using the Ezine each month to update us on all the hard work they are putting in to become the next Aussie Tax Payer...

So what kind of jobs can a NOVA trainee obtain?

Shawn's (pictured) job choice was to work in a kitchen. He is now working at Taree Kebab shop.

James' job choice was to work in a factory doing process work. He is now working at Abnote Australasia.

Ethan's job choice was to work in the building/ carpentry industry. He is now working at Builts Building Constructions.

Tashaani wanted to work helping people or in retail. She is now employed at the local chemist.

REAL jobs... REAL employers... REAL opportunities...



Some NOVA links

Watch our latest video on NOVA's Youtube channel



Become a fan of NOVA on Facebook. Recommend us to your friends.



What's news at Can-Do-Ability?



Want some great employment tips?



“2013 Advertising Campaign set to kick off”

Ryan Goodwin

After a big media blitz in 2012, we are set to launch into 2013. Last year we proudly promoted 2012 as the year to employ a person with a disability and we are very thankful for the 1000+ opportunities that were given to our clients.



Our 2013 campaign starts next month with an electronic billboard carrying our call out to employers. The billboard will be located on the corner of Robey St and O’Riordon St, Mascot NSW, an extremely high traffic area for potential employers. Jerome from Doors Plus and Shiralee from Camden Activity Centre are the faces of the campaign, both of whom are first class examples of quality employees.

Also this year I am pleased to announce that we will have over 110m of signage at all Cronulla Sharks and South Sydney NRL home games for 2013. With record television audiences predicted for this season and 2 teams that should be very successful, this campaign will provide excellent at ground and television exposure for NOVA Employment.



We are also working on many more exciting developments for this year, with a television show in the planning, just another innovative means of spreading the important message that people with a disability make great employees.

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