

June 2015

2015 FOCUS ON ABILITY SHORT FILM FESTIVAL



NOVA OFFICES

- Camden
- Campbelltown
- Caringbah
- Engadine
- Hurstville
- Ingleburn
- Katoomba
- Penrith
- Richmond
- Rockdale
- Rouse Hill
- Springwood
- St Marys
- Windsor

CEO Comment

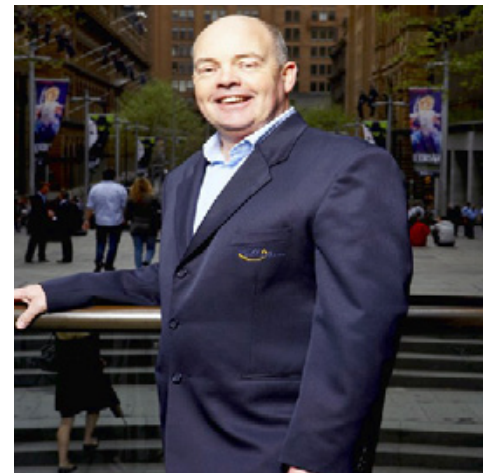
Martin Wren

June has been another excellent month for NOVA's job seekers with a record number finding work – this goes against recent years when employers have been reluctant to hire in the lead up to a new financial year.

So, why the difference?

I believe that more and more employers are becoming aware of the talent pool that exists among NOVA's clients – we have over a thousand keen candidates who are motivated and willing to give their best to those business owners smart enough to see past disability and concentrate instead on matching ability to opportunity.

That theme – 'focus on ability' is one that we will really beat a drum for in the next few months. Apart from our 100 jobs campaign, which is presently in the Macarthur district, we will be ramping up our advertising and promotional campaigns – I have seen the draft advertisements and think they are amongst our best and our radio and newspaper ads are also first class.



For the first time ever we are short of job seekers for some outlets and this has forced us to advertise for job seekers! There are presently more than a dozen vacancies in roles ranging from driver/store person through administration and construction.

If you have a disability and are looking for work contact your local NOVA office – there's no time like now to find a great job

The Zumba Transition

St Marys TTW

Transition to Work Trainees from St Marys and Penrith participated in a new style of exercise called Zumba.



A Trainee participating in the program from Penrith who attends weekly exercise Zumba sessions wanted to introduce her fitness regime to her fellow trainees and suggested that her instructor come to NOVA transition for a heart-pumping Zumba session.

The majority of the trainees had not taken part in this exciting form of exercise, nor have they seen a session take place before them. This experience gave the trainees an opportunity to engage and take part in a fun form of exercise.

This was a great experience for the trainees to increase healthy living awareness. At the Transition to Work program, we focus on finding employment for trainees, although healthy living is also a pathway to sustaining employment.

Firstly trainee's had to prepare their training into a space where moving around would not be a safety issue. The trainees are all aware of WH&S protocols in order for the session to be fun and safe. WH & S is part of the Transition to Work program. Our trainees are educated on WH & S not only in their training environment, also within the work environment.

All trainees participated and thoroughly enjoyed the Zumba experience class that was held in St Marys TTW training room 197 Queen Street ST Marys. Trainees were dressed to impress with sweat bands, shakers and some pompoms.

As the Zumba instructor knew the trainee from Penrith, she invited her to come out the front and show her fellow trainee how to do a few moves. This was a great thing as most of our trainees do suffer from anxiety and being in front of peers can be very intimidating. Our trainee did a wonderful job and you would never be able to tell she was nervous!

Feedback included:

Jason: "It is a fun and exciting workout to have and we use the shakers and wear sweat band to get rid of fat in our bodies. Zumba is a dance fitness program created by Colombian dancer and choreographer Alberto "Beto" Perez during the 1990s and is a trademark owned by Zumba Fitness, LLC. It's a fantastic workout program for young, old and elderly people to take our minds off everything that's inside your head. I suggest you should try out Zumba and feel like you're having fun".

Dylan: "I never knew I could do something like this"

Caroline: "I enjoyed demonstrating and teaching the session".

Courtney: "Wow! Zumba is really fun!"



NOVA Transition to Work is a two-year program that prepares and supports year 12 school leavers with a disability to get ready for the workforce.

The NOVA TTW program achieves results; with more than 80 program participants progressing into employment each year.

If you would like to know more about the TTW program call the

**NOVA Transition Coordinator - Megan Elliott 0414 322 911
or visit
www.transition.com.au**

Some NOVA links

Watch our latest video on NOVA's Youtube channel



Become a fan of NOVA on Facebook. Recommend us to your friends.



What's news at Can-Do-Ability?



Want some great employment tips?



SuperNOVA Sneak Peak

In the next few months NOVA Employment is going to be heavily promoting the talent and abilities of our job-seekers across many Sydney media platforms.

Our aim is to provide as many employment opportunities for people with disability as possible - all at awards wages and conditions.

Maryanne has been a first class employee at Ambey's Big Apple in Wentworthville for the past few months. Initially taken on in a limited role, Maryanne showcased her skills to her employer which has seen her role develop and her thrive in her new tasks.

Maryanne's employer was glowing in his praise, "We are very happy with Maryanne as an employee and we'd highly recommend other employers to 'focus on ability.'

If you're business is recruiting, be sure to give us a call and we will organise a meeting with one of our managers to discuss your employment needs. NOVA takes the time to understand your business and ensures we match the right job-seeker to the role.

To watch the television commercial featuring Maryanne and Ambey's Big apple [click here](#)



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